Select Titles from University of Nairobi
Medicinal Plants of East Africa

J.O. Kokwaro

ISBN 9966 846 84 0  KShs 1,700  Published 2009

Medicinal Plants of East, Third Edition, is the revised modern version of a book first published in 1976 on herbal remedies and the traditional medical practice of East Africa. The book covers the rich diversity of plants found in Kenya, Tanzania and Uganda, from sea plants to the alpine group on the high mountains. East Africa also has a rich ethnic diversity, hence the large number of herbalists and traditional medical practitioners whose traditional knowledge is covered in this book. The total surface area covered is 1,768,047 sq. km and a population of about 103 million people.

The new edition describes the traditional use, as herbal drugs (herbal remedies), of over 1500 species. Over 200 of these herbs, which are widely used for various treatments, have for the first time been illustrated in colour plates. These plant images will assist the reader in identifying the herbal remedies. The book also contains two coloured maps of the region: an administrative map showing the localities where particular herbs were collected, and an ethnographic map of the tribes of the herbalists who provided the information contained in the book.

The book is an excellent record of indigenous knowledge without which the intensive research by the author would have been lost by now. It is recommended for university scholars, and researchers in primary health care, drug development, and ethnoveterinary practice among other related disciplines.
Veterinary Pathology in the Tropics

Gerald M. Mugera

ISBN 9966 846 40 9  KSh 1,300  Published 2000

Veterinary Pathology in the Tropics attempts to give essential information on the pathology of domestic animals in the tropics, which is presented in condensed form and touches on all disease conditions seen in the tropical regions.

This text is an invaluable tool for undergraduate veterinary students and field veterinarians who must maintain familiarity with pathological changes in order to be able to make proper diagnosis of animal diseases.

Basic Principles of Veterinary Surgery

P.M.F. Mbithi, J. Ng'uiu-Mwangi and C. Mulei

ISBN 9966 60 1  KSh 750  Published 2009

*Basic Principles of Veterinary Surgery* is a highly practical reference book designed to meet the needs of veterinary students and practising veterinarians. The book is written in simple, straight-forward language to facilitate easy reading, quick reference and a clear understanding of the basic knowledge needed for any veterinarian to be able to perform surgery. The descriptive illustrations of aseptic techniques, commonly used sutures, suture patterns, and basic surgical instruments make the book unique in subject presentation, combination, and completeness. The book gives young practicing veterinarians a hands-on touch of the basics necessary for successful outcomes in the practice of veterinary surgery.
Improving Health Policy in Africa
Eds. G. Mwabu, J. Wangombe, D. Okello and G. Munishi
ISBN 9966 846 57 3  KShs 4,500  Published 2003

This volume contains the findings of research groups of analysts from different countries. Supported by the International Health Policy Program in consultation with policy-makers, the analysts examined policy issues in a variety of health care settings. Research findings and recommendations from these studies were made available to health policy-makers to help them improve their decisions. The context of the research is therefore national, even though the implications of findings go beyond the national boundaries and contribute to the general health care literature.

Applied Time Series Econometrics: A Practical Guide for Macroeconomic Researchers with a Focus on Africa
Alemayehu Geda, Njuguna Ndung’u and D. Zerfu
ISBN 9966 792 11 2  Ksh 1,200  Printed 2012

This book attempts to demystify time series econometrics so as to equip macro-economic researchers focusing on Africa with solid but accessible foundation in applied time series techniques that can deal with challenges of developing economic models using African data.

Alemayehu Geda is a Professor of Economics, Addis Ababa University, Ethiopia.

Njuguna Ndung’u is currently the Governor of the Central Bank of Kenya, and is an Associate Professor of Economics at the University of Nairobi, Kenya.
Daniel Zerfu is a Senior Research Economist, African Development Bank, and was Assistant Professor of Economics, Addis Ababa University, Ethiopia, before joining ADB.

**Efficiency of Health System Units in Africa: A Data Envelopment Analysis**

*Joses Muthuri Kirigia (Ed)*

ISBN 9966 792 15 0  Ksh 4,000  Published 2013

This is the first book of its kind on application of the data envelopment analysis technique to examine the efficiency of health system decision-making units in Africa. It interlaces lecture notes with research articles and case studies to equip students and practitioners of economics, operations research, management science, and public health with knowledge and skills for undertaking technical efficiency, allocative efficiency, cost efficiency, and total factor productivity analyses.

The author, Dr. JM Kirigia is a senior health economist with the World Health Organization (WHO), Regional Office for Africa, Brazzaville, Congo. He holds a Ph.D. in Economics from the University of York, UK; a postgraduate diploma in Health Economics from the Tromso University, Norway; and M.A. (Economics) and Bachelor of Education degrees from the University of Nairobi, Kenya. He has worked as Senior Lecturer and Coordinator of the masters programme in health economics at the University of Cape Town, South Africa.
Industrialising Africa in the Era of Globalisation: Challenges to Clothing and Footwear

D. McCormick, J.A. Kuzilwa and T. Gebre-egeziabher

ISBN 9966 846 86 7 Ksh 1,200 Published ..........

Sub-Saharan Africa is struggling to industrialise in an era of increasing globalisation. Traditionally, clothing and footwear have been entry points into industrialisation. They require low investment, are labour intensive, and produce goods that are needed both at home and in export markets. This book investigates the possibilities and challenges of continuing to use such industries as the basis for industrialisation in a globalising world.

This book contains a wealth of information that should be useful to researchers, students, policymakers, and industry professionals. The book’s eleven chapters include theoretical perspectives, industry overviews, detailed studies of production in particular countries, and treatments of related issues, such as fashion and finance.

The book is the second to be published by the African Clothing and Footwear Research Network (ACFRN), a network of researchers committed to investigating the potential of these labour intensive industries to provide African people with a better quality of life. Research for many of the studies was organised and supported by ACFRN. The Network carries out studies and engages policymakers and practitioners in debates and discussions on relevant issues.
Decentralization and Devolution in Kenya: New Approaches

Thomas N. Kibua and Germano Mwabu

ISBN 9966 846 98 0 Ksh 2,500 Published 2008

Underlying decentralization of economic management and public administration in Kenya are issues of institutions, physical structures, planning processes, and modalities of service delivery and financing. The research agenda of the Institute of Policy Analysis and Research was organized around these cluster of issues during the second half of this decade. This volume contains findings of the studies conducted under that agenda. The chapters assembled in the volume cover diverse aspects of new approaches to decentralization and devolution, and extend the knowledge base on critical areas of Kenya’s development process and recent history.

Governance and Transition Politics in Kenya

P. Wanyande, M. Omosa and C. Ludeki

ISBN 9966 846 94 8 Ksh 1,200 Published 2007

Governance and Transition Politics in Kenya examines the political process in Kenya with a focus on the forces that condition the realization of good governance. The book contends that neither change nor transition has occurred in the social, economic and political spheres in independent Kenya.

The volume aims to stimulate debate as well as make a case for the importance of institutionalized democratic values and good governance in the public realm.
Along the busy Kenyatta Avenue, Nairobi, stands a bronze statue of three larger-than-life African men. Two of the three bronze figures are askaris; one of the King’s African Rifles, the other of the Arab Rifles. The third figure represents members of the carrier corps who, while non-combatant, suffered heavier casualties than all the other units put together in the East African Campaign of the Great War of 1914–18.

While the soldiers carried guns, carrier corps carried everything the soldiers needed to survive and fight — food, ammunition, medical supplies and equipment of every kind. Without the endurance of these unsung heroes, scarcely a shot could have been fired.

The story of the carrier corps as told in this book is one of great human interest and pathos. Students of East African history, particularly secondary school and undergraduate students will find the book very valuable. It is a thorough, scholarly and compassionate account.

The book is of great value to East African students of history at secondary school and colleges. It will also appeal to general readers especially those interested in the origin of the struggle for independence and the atrocities committed against Africans by foreigners.” The People
From the bleak days of severe marginalization; days when words such as ‘women’s empowerment’ or ‘affirmative action’ were taboo in Kenya, Time for Harvest: Women and Constitution Making in Kenya captivatingly traces women’s struggles to change their status, their lives and their entire destiny. It is a brilliant exposition of the sheer ingenuity, perseverance and tenacity to contribute to the attainment of an all inclusive Constitution that banishes, inter alia, gender discrimination in all spheres of life, including social, economic, cultural, and political spheres. In this way, it opens up massive space for Kenyan women to ‘exhale’.

Wanjiku deftly tells the story of many great women actors in the struggle and the nature of their contribution while sparing us the pain that was suffered by individual women and their families as they identified with what at times seemed like mission impossible. They must be the women who, in her words, ‘have names, hearts that ache, eyes that weep, feet that hurt.’

The book is suitable for the general reader as well as scholars in cultural and feminist studies. Students of politics, law, history, sociology, anthropology and literature who want to know the path travelled by Kenyans – women specifically – in constitution making will find it useful.
USA, India, Africa During and After the Cold War

Pontian Godfrey Okoth

ISBN 9966 846 96 4   KShs 2,500   Published 2010

The Cold War period witnessed competition from political, economic, ideological, diplomatic, military and social dimensions between the United States of America (USA), and the then Union of Soviet Socialist Republics (USSR). In the superpower rivalries, India and Africa were adversely affected in many ways. The situation did not change for the between in the post-Cold War period, which has witnessed the domination of the world by the US and its allies, the Group of Eight (G-8) industrialized countries. This domination has been characterized by the process of Americanization of the world, otherwise termed globalization, in virtually all spheres of life.

USA, India, Africa During and After the Cold War demonstrates that both the United States and the Soviet Union used African States, India and other Third World countries for their own geopolitical considerations; that the foreign policy and foreign relations of the US were meant to subject Africa and India to the dictates of US imperialism. The book assesses the impact of the Cold War and the post-Cold War order on Africa, India and the entire world and argues that the Non Aligned Movement is still relevant to the Third World countries despite the demise of the Cold War. The book analyses issues from the African point of view as opposed to hitherto Western view points but provides a balanced appreciation of the complex forces that shape foreign policies and foreign relations globally. It is a valuable contribution to modern diplomatic history and targets university students, researchers, foreign affairs ministries, and practicing diplomats.
Foundations of Digital Electronics

Elijah Mwangi

ISBN 9966 846 9 99  Ksh. 2,000  Published 2009

Foundations of Digital Electronics provides a comprehensive coverage of both the theoretical and practical aspects of digital electronics. The text begins with a presentation of number systems and codes and progresses to the combinational and sequential logic design techniques. Semiconductor memory devices are then introduced as data storage devices and as logic design modules. Programmable logic devices have been given extensive coverage together with an introduction to hardware programming so as to familiarise the student with computer-aided design techniques. A presentation of IEEE standard graphic symbols is also given.

The key features of the book include: (i) numerous solved examples and end-of-chapter problems with answers to assist in the understanding of fundamental principles, (ii) extensive coverage of logic families to help the student develop practical insights into contemporary logic devices, (iii) introduction to the use of hardware programming language as a computer-aided design tool and (iv) a chapter on the usage of IEEE standard logic diagrams.
Managing Natural Resources for Development in Africa

Washington Ochola, Pascal Sanginga and Isaac Bekalo (Eds)
ISBN 9966 792 009 0 KShs 2,500 Published 2010

The complex and dynamic interlinks between natural resource management (NRM) and development have long been recognized by national and international research and development organizations and have generated voluminous literature. However, much of what is available in the form of university course books, practical learning manuals and reference materials in NRM is based on experiences from outside Africa.

Managing Natural Resources for Development in Africa: A Resource Book provides an understanding of the various levels at which NRM issues occur and are being addressed scientifically, economically, socially and politically. The book’s nine chapters present state-of-the-art perspectives within a holistic African context. The book systematically navigates the tricky landscape of integrated NRM, with special reference to Eastern and Southern Africa, against the backdrop of prevailing local, national, regional and global social, economic and environmental challenges. The authors’ wide experience, the rich references made to emerging challenges and opportunities, and the presentation of different tools, principles, approaches, case studies and processes make the book a rich and valuable one-stop resource for postgraduate students, researchers, policymakers and NRM practitioners. The book is designed to help the reader grasp in-depth NRM perspectives and presents innovative guidance for research design and problem solving, including review questions, learning activities and recommended further reading.
Kiswahili has over the years made impressive strides, regionally and globally. It is, in fact, the fastest growing African language and has the potential of becoming the language of the continent. This growth is at the levels of usage, publications in the language and on its modernisation, and lexical expansion. It is within this context that this book becomes relevant and vital. This text gives new perspectives of the growth of the language from a number of frontiers.

“The text makes a strong case for promoting Kiswahili as the lingua-franca in East, Central, South and the Horn of Africa.” Daily Nation

“This book is recommended for linguists and scholars of Kiswahili at university level. Apart from the good content that it has, it will serve as a good source of inspiration.” The People

“… a mini-encyclopedia of the Swahili language that will provide a useful starting point for those who know very little about the language or the debates that surround it.” Voices: The Wisconsin Review of African Languages & Literatures

“Selected as one of Africa’s 100 best books of the 20th Century. The only book from Kenyan Publishers that found its way into this prestigious list.” Publisher
Mbinu za Uandishi

Jay Kitsao

ISBN 9966 846 33 6  KShs 400  Published 1996

Mbinu za Uandishi ni kazi ya kipekee inayoshughulikia kipengele kimoja cha lugha ya Kiswahili ambacho hakijashughulikiwa na wandishi wengi kikamilifu. Kipengele hiki ni juu ya insha, ufahamu, ufupisho na uakifishi. Haya ni masomo muhimu katika viwango vyote vya asasi za kielimu kote ambako Kiswahili kinafundishwa kama taaluma.

Hakuna kitabu kingine ambacho kimeshugulikia mada hizi kwa pamoja. Kwa hivyo humbidi mwanafunzi au mwalimu wa Kiswahili aangalie vitabu kadhaa ili apate anachotaka. Mbinu za Uandishi basi kitafunga pindo hili.

Kazi hii imetayarishwa kwa manufaa ya walimu, wanafunzi, na wote wanaohitaji kujiereleza kimawasiliano kwa matumizi ya lugha katika viwango vyote vya elimu.
Casebook on Kenya Customary Law

Eugene Cotran

ISBN 086205 255 6  KShs 920  Published 1987
Reprinted 1995

Published in conjunction with Butterworths Law Publishers Ltd (London), this book is aimed at illustrating the subject of customary law with decided cases to suit it in a social and practical context. Consequently, High Court and Court of Appeal decisions are used in treating the major subjects. In addition, judgements of inferior courts are included to illustrate their operations in customary law cases.

Practising advocates, jurists, scholars and law students will find this text very handy. The lay person will also benefit from the insights of this socially involving subject.

“Casebook on Kenya Customary Law reproduces dozens of significant cases, including the S.M. Otieno case, from the archives of superior and inferior court jurisdictions.” The Standard

The S.M. Otieno Case: Death and Burial in Modern Kenya

J.B. Ojwang and J.N.K. Mugambi (Eds)

ISBN 9966 846 01 8  KShs 460  Published 1989

For six months, between 1986 and 1987, Kenya’s judicial scene was dominated by what had initially seemed a minor dispute between a Kikuyu widow and her late Luo husband’s clan. This dispute, which came to be known universally as “The S.M. Otieno Case”, dominated the local media, and even spilled into the international media, affecting not only fundamental questions of Kenyan law but also the basic concepts, problems and behaviour of the societies of Kenya, Africa and other parts of the world.
This book is a result of a conference organised by the Faculty of Law, University of Nairobi, to review the case under an academic and less emotionally charged atmosphere. The book integrates geographical, anthropological, sociological, linguistic, ethical, cultural and religious aspects.

**Creative Writing in Prose**

*Marjorie Oludhe Macgoye*

ISBN 9966 846 83 2  Ksh 500  Published 2009

*Creative Writing in Prose* is centered on novel writing but touches on other prose forms. It covers the process from the germination of the story to the submission of the manuscript for publication. Plot, narrative methods, the recording of dialogue and the subtle relationship between story and theme are all examined.

**The Composition of Poetry**

*Marjorie Oludhe Macgoye*

ISBN 9966 846 82 4  Ksh 500  Published 2009

While it may not be possible to teach creative writing, it is certainly possible to study how other writers create and how the resources of language – as exemplified not only in the language of instruction but also in the individual languages and dialects available to us collectively – can be explored and set to work.

The Composition of Poetry gives advice on locating and enriching the theme of potential poem in relation to its subject and in terms of language use, rhythm, imagery and address to the reader.
Elements of Organizational Behaviour

Stephen N.M. Nzuve
ISBN 9966 846 43 3 KShs 450 Published 1999

As the business environment becomes more and more turbulent and competitive, managers in organisations need to equip themselves with the theoretical background and skills that will enable them to motivate workers so that they give their best performance.

This book serves as an introduction to organisational behaviour principles and concepts. The text is an invaluable companion for students of business at the undergraduate and postgraduate levels. It is also a useful reference resource material to candidates preparing for various examinations such as ABE, CPA, CPS, IPS, IOM, IPM and KNEC. Practising managers and administrators will find the book useful.

Educational Management: Theory & Practice

J.A. Okumbe
ISBN 9966 846 42 5 KShs 800 Published 1998

This concise book provides the reader with principal theories and practices of management in educational organisations. While no single treatise can provide the reader with a complete body of knowledge in this area of specialisation, material in this book has been presented in a manner that consciously incorporates detail, wide coverage as well as simplicity in the provision of scintillating examples in educational settings which capture and maintain the reader’s interest.
A Manual on Microscopic Anatomy

James .K.Kimani (Ed)

ISBN 9966 846 05 0 KShs 550 Published 1990

A proper understanding of any branch of science requires familiarity with the tools and methods used to study the subject. This manual acts as a guide to the microscopic study of histological materials, based on the methodology and overall curriculum of the Department of Human Anatomy, University of Nairobi. It is meant to provide guidelines during practical sessions of any standard histology course and enables the student to recognise and differentiate microscopic structures. It is a suitable manual for undergraduate students in medical and dental studies, and postgraduate students revising for Anatomy Part 1 Masters of Medicine examinations.

Breast Cancer: What Do you Know About Breast Cancer?

N.A. Othieno-Abinya, B. Byakika, H.O. Abwao, E. Wanjohi and R. Baraza

ISBN 9966 846 69 7 Ksh 200 Published 2007

Breast Cancer: What do you know about Breast Cancer? – All individuals are prone to developing one form of cancer or another in a lifetime. However, a good proportion of cancers are curable if detected early and treated appropriately. If diagnosed late, cancers are fatal in the majority of cases.

This booklet aims at empowering individuals to understand breast cancer in order to encourage early detection and appropriate treatment. It is written in Question and Answer format.
Cancer of the Cervix and Uterine Body

N.A. Othieno-Abinya, B. Byakika, H.O. Abwao, E. Wanjohi and R. Baraza

ISBN 9966 846 70 0  Ksh 200  Published 2007

Cancer of the Cervix and Uterine Body – All individuals are prone to developing one form of cancer or another in a lifetime. However, a good proportion of cancers are curable if detected early and treated appropriately. If diagnosed late, cancers are fatal in the majority of cases.

This booklet aims at empowering individuals to understand breast cancer in order to encourage early detection and appropriate treatment. It is written in Question and Answer format.

Prostate Cancer

N.A. Othieno-Abinya, B. Byakika, H.O. Abwao, E. Wanjohi and R. Baraza

ISBN 9966 846 71 9  Ksh 200  Published 2007

Prostate Cancer – All individuals are prone to developing one form of cancer or another in a lifetime. However, a good proportion of cancers are curable if detected early and treated appropriately. If diagnosed late, cancers are fatal in the majority of cases.

This booklet aims at empowering individuals to understand breast cancer in order to encourage early detection and appropriate treatment. It is written in Question and Answer format.
A Comparative Study of Religions
J.N.K. Mugambi (Ed)
ISBN 9963 846 03 4 KShs 650 Published 1990
Reprinted 1993

In the 19th and early 20th centuries, scholars in various disciplines studied religious phenomena, yielding impressive results although they were influenced by popular ideas of evolutionism, functionalism, structuralism and psycho-analysis.

Comparative religion involves the study of the inter-relationships of the various traditions and the ways in which religious themes and ideas are diffused in these traditions.

This book covers the whole range of major religions of the world with extensive geographical and historical scope, and integrates African religious heritage into the mainstream of the comparative study of the world’s religions. It is basically designed as a textbook for the undergraduate degree programme but could also meet the needs of postgraduate students, researchers and teachers of comparative study of religions in both theological and secular institutions. The general public will also find the book stimulating and educative.
Lack of involvement of the would-be beneficiaries of development projects in Kenya has greatly contributed to the failure of otherwise vital projects. This creates the questions: Are Kenyan people a primary resource? And, given the proper roles and contributions of planners, researchers and programme implementers, can self-sustainable development become a reality?

This book is a product of a participatory project which focused on the mobilisation and involvement of rural people in development projects. It is based on the contents of papers presented at a PAR seminar on participation of people in rural development, and it includes contributions from university researchers, lecturers and students.

It is a useful book for sociology students, development planners, policy makers, rural development officers, field officers and programme implementers.
**Fundamentals of Sociology of Education: With Reference to Africa**

Lucy Wairimu Kibera and Agnes Kimokoti  
ISBN 9966 846 81 6  
Ksh 600  
Published 2007

Fundamentals of Sociology of Education: With Reference to Africa is about processes, practices, and agencies involved in socialization and education, particularly the ways in which schools, through their teachers, curricula and organization, influence the young.

The book targets students taking Bachelor of Education and Postgraduate diploma in education courses, and teacher certificate qualifications from diploma and primary teacher training colleges respectively.

---

**My Native Roots: A Family Story**

J.B. Wanjui  
ISBN 9966 846 31 X  
Ksh 800  
Published 2009

In My Native Roots: A Family Story, Dr. J.B. Wanjui traces his roots to six generations down the line. He regrets that today’s grandparents, like him, rarely find time to pass on folklore. He considers this book his own way of passing on to his children, grandchildren and mbari (clan) the family lore.

Relying on written history and oral accounts, Dr. Wanjui has constructed a refreshing narrative of his lineage, juxtaposing it with reminiscences of his formative years. The book will be treasured not only by his family and clan, but also by sociologists, historians, anthropologists and oral literature scholars.
Surviving the Academic Arena: My Complex Journey to the Apex

Francis J. Gichaga

ISBN 9966 846 72 7    KShs 1,000    Published 2011

Surviving the Academic Arena: My Complex Journey to the Apex recounts the true story of Francis John Gichaga, a survivor, who from a humble background rose in the academic and management ranks to become a leading scholar and university manager during the turbulent years of transition to multiparty system of governance in Kenya.

Gichaga’s narrative as Vice-Chancellor, University of Nairobi, depicts the turmoil of a public institution in Kenya during the difficult period in terms of economic sustainability and political upheavals. His ability to manage the volatile situations at the University was as unique as his ability to survive and thrive from humble beginnings. This is evident throughout the memoirs. The book teaches us never to give up in spite of seemingly insurmountable challenges. Readers will find the memoirs quite inspirational.

“As I wrote the first draft of these memoirs, there was a change of government in Kenya, which brought degrees of freedom including bringing to light startling revelations about some of the excesses which were going on during those turbulent years. The revelations confirmed my earlier belief that I had survived at the helm of the University of Nairobi by the grace of the Almighty God to whom I am greatly indebted,” Prof. Francis John Gichaga
Forthcoming Titles

1. The Native Son

*The Native Son: Experiences of a Kenyan Entrepreneur* is a celebration of the spirit of free enterprise; an insight into the policies and philosophies that drive business, trade, industry, and enterprise in local and global economies. The memoirs give testimony to the extent to which Dr. Joseph Barrage Wanjui’s life in the corporate world is intertwined with Kenya’s economic path since independence. In the book, he speaks up for the best of what multinational corporations have to offer and revels in the joys of fatherhood.

The book is a riveting read. All generations will be provoked and stimulated by Dr Wanjui’s narrative written in easy to read language. Contemporaries will retrace their own lives as they walk with him through colonialism to independence; from the nation-building years of Kenyatta through the challenges of the Nyayo Era to the eventual rebuilding of the country’s hopes under President Mwai Kibaki. In the academia, the work is relevant to scholars in business studies, political science, history, education, and literature.

Dr. Wanjui, CBS, holds B.A. (Ohio Weleyan), M.Sc (Columbia), and Doctor of Science (Honorary, University of Nairobi). He is a fellow of the Kenya Institute of Management. From very humble beginnings, he rose to become Chairman and CEO of East African Industries (Unilever); Director of several organizations in Africa; and the Chancellor of the University of Nairobi. His JBW Foundation sponsors bright but financially disadvantaged female science students from Kenyan universities.
2. *Classification of Plants of East Africa*

3. *Mizizi: A Collection of Papers on Kenya’s History*